

t+ diabetes case study

Mr and Mrs X signed up to use the tplus diabetes service in July 2009. Mrs X felt alone and afraid with trying to manage her husband's diabetes. Mrs X felt she had no one to turn to and when she heard of us she was very relieved to finally have the reassurance that someone was watching over her and helping her if she felt she needed help or advice. Mr X has other co-morbidities such as chest problems, kidney problems and poor mobility.

When Mr and Mrs X signed up, Mr X's blood glucose readings were high and out of control. With the help of the tplus nurse they feel they have finally got his diabetes under control. They know they will never get 100% control due to all his other health problems but Mrs X now feels much more confident to increase her husband's insulin if need be. She knows she has someone on the other end of the phone who is willing to help, listen and give advice if need be.

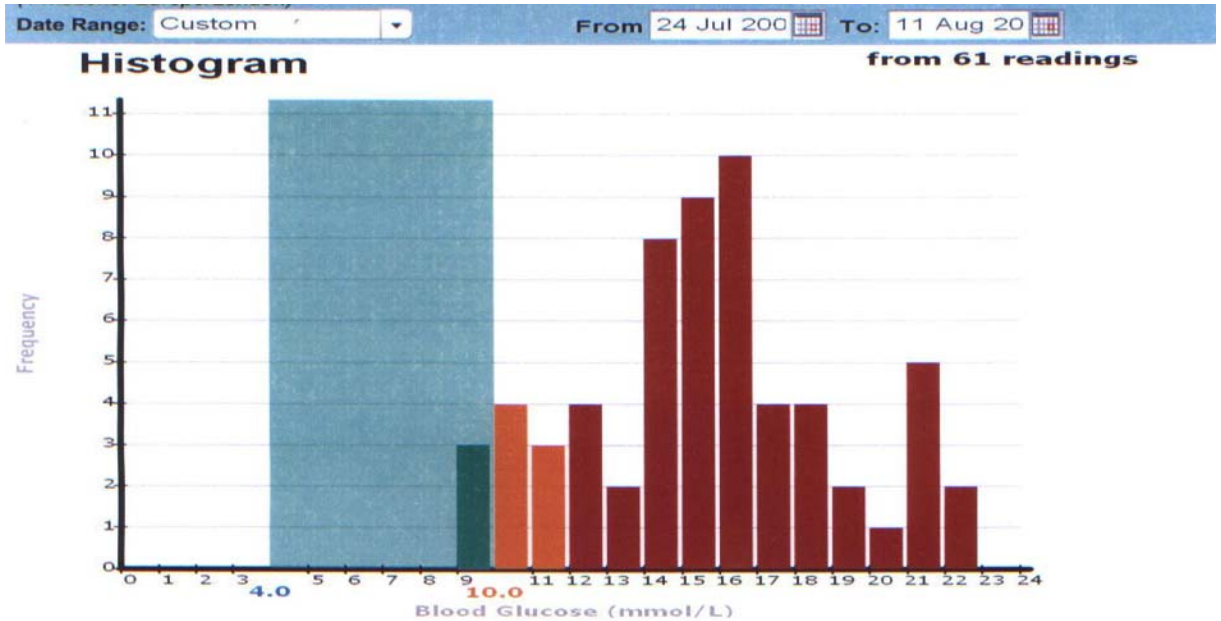
Mrs X quoted:

"It's absolutely brilliant, if I run into a problem I can pick up the phone, the reassurance that someone is on the other end of the phone is a comfort, it puts your mind at rest."

Mrs X describes the service her husband and she receives as *"my security blanket"*

The charts below illustrate the improvement made over a 4 month period.

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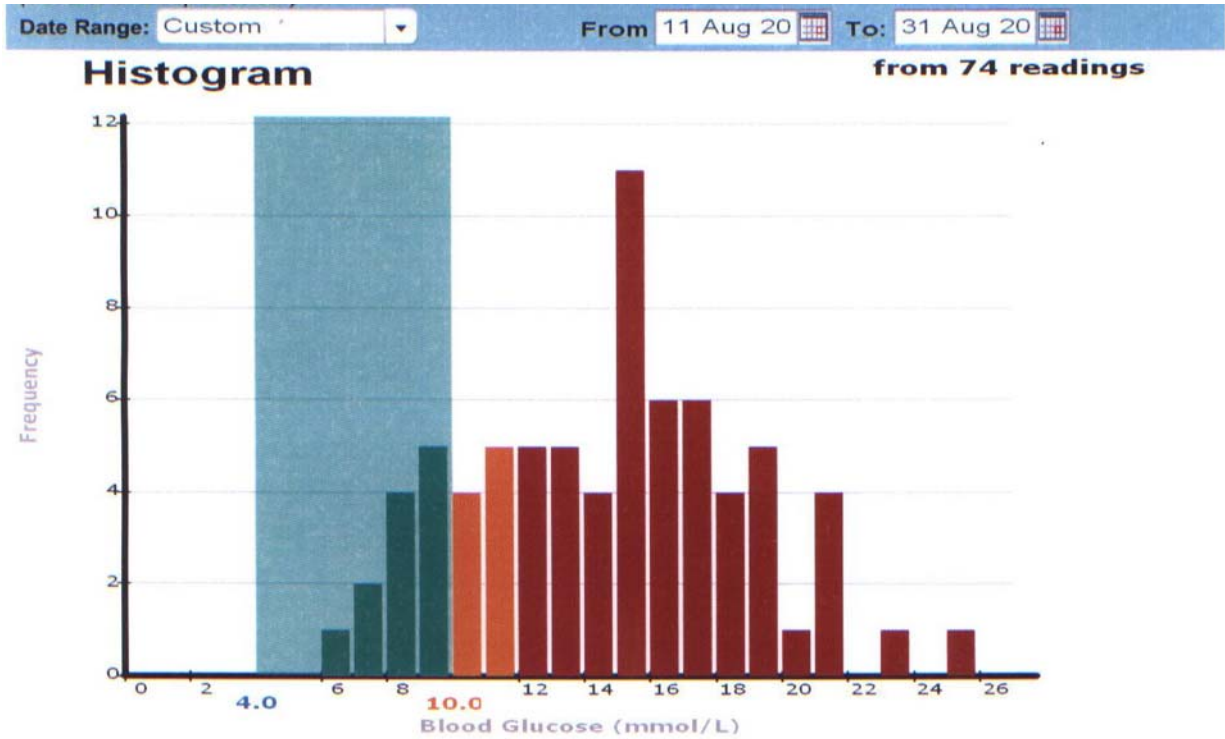


Screen 1 The beginning

Mr X registered with t+ on 24th July 2009. You can see many red but very few green readings. Green is good!

Readings until 11 Aug

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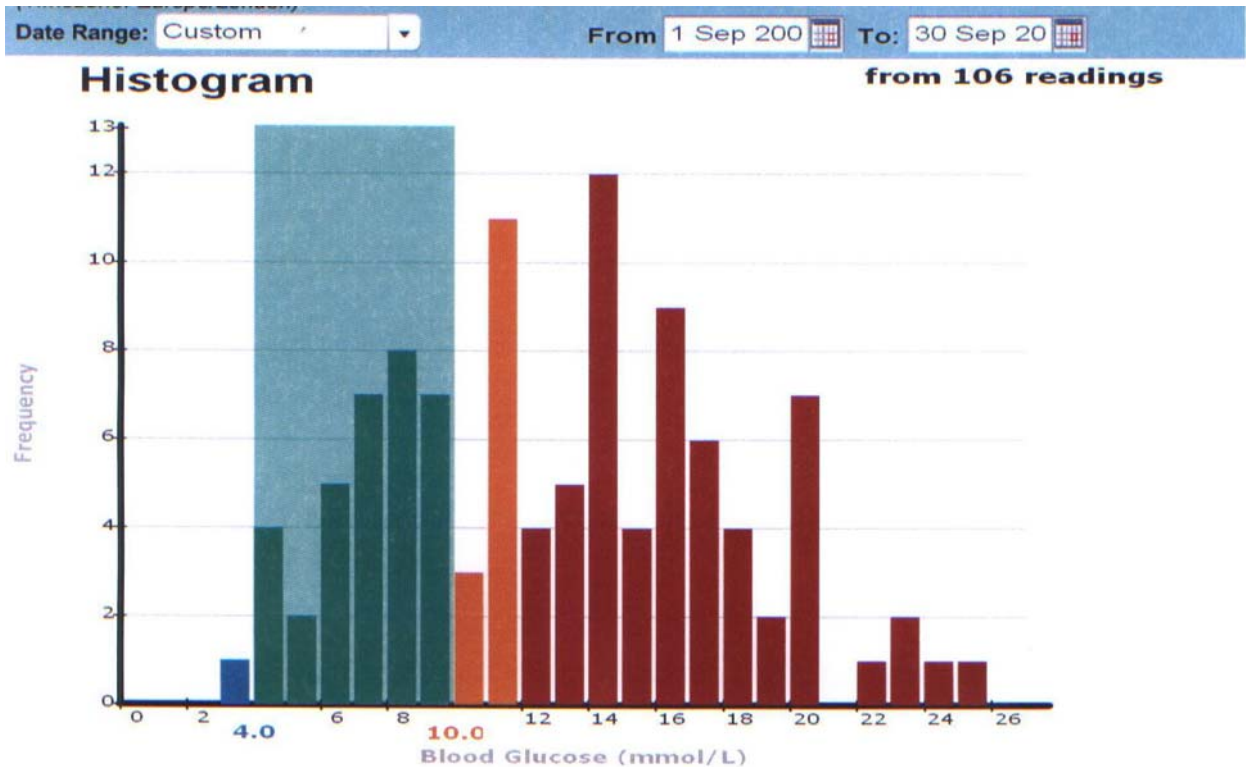


Screen 2 Improvement

Mr's X with the help and guidance of the t+ nurse is starting to make some improvement with Mr X's blood glucose readings, although he may still have a high number of red readings he is also having more green readings. His blood glucose levels will have to be slowly improved as it is dangerous to bring his blood glucose levels down to rapidly.

Readings until 31st Aug

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Screen 3 Improvement

Mr and Mrs X are happy with the blood glucose readings now, they both express relief at finally seeing ‘normal’ blood glucose readings. Mr X can’t remember the last time he had a hypo (blue reading!)

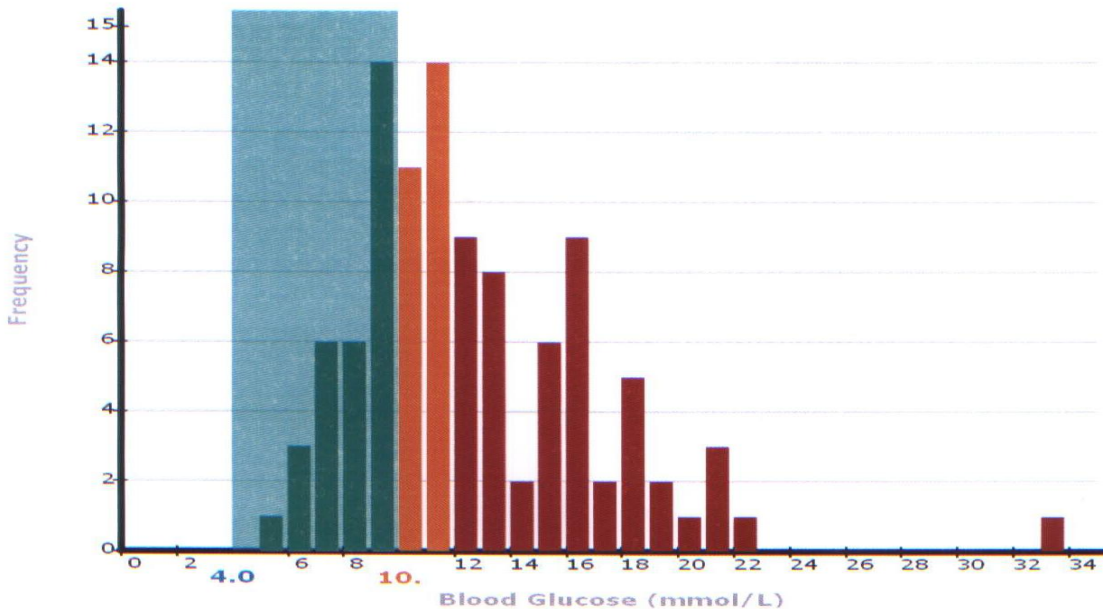
Readings until 30th Sept

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(Timezone: Europe/London)
 Date Range: Custom From 1 Oct 2005 To: 31 Oct 2005

Histogram

from 104 readings



Screen 4 Improvement

Mr and Mrs X are both very happy with the readings and help they receive, they both realise 100% control will never be achievable with Mr X’s other medical conditions. Mr X states he feels much better and Mrs X feels much more comfortable helping her husband and guiding him with the reassurance she knows a nurse is looking at Mr X’s readings on a daily basis and will intervene if required.

Readings until 31st Oct