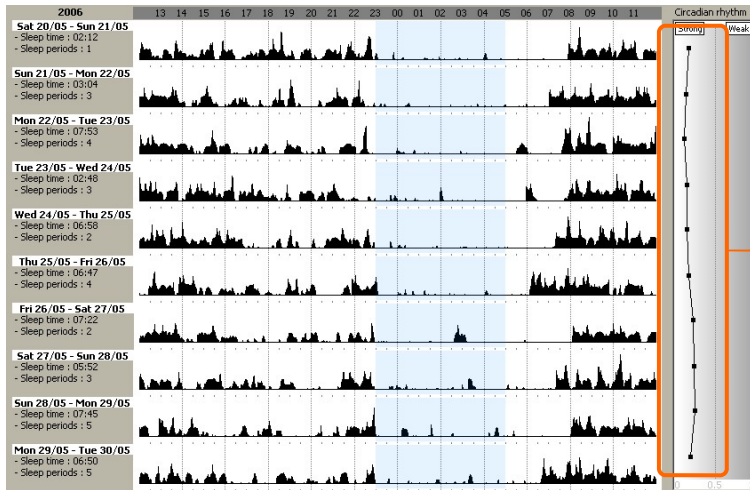


Older people can find it difficult in times of hot weather. This Case Study shows how it affected one service user in the Midlands in July 2006. This pattern was seen in many people during the summer.

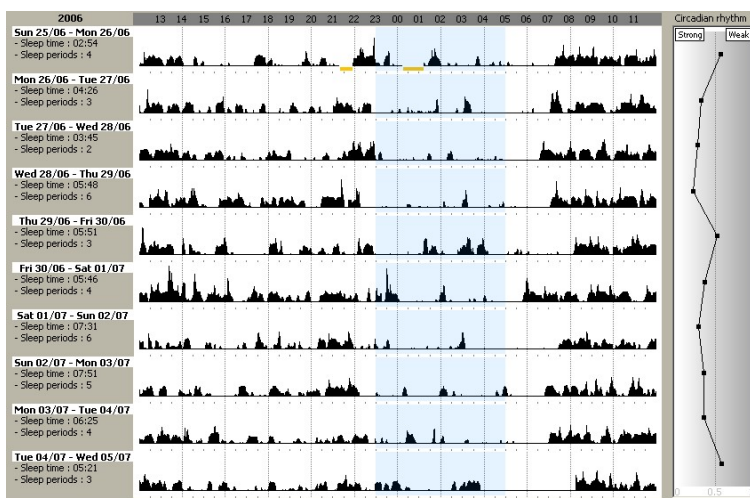
NB This Review does not show sleep periods.



Before:

Wellness Score both:

- Strong
- Stable

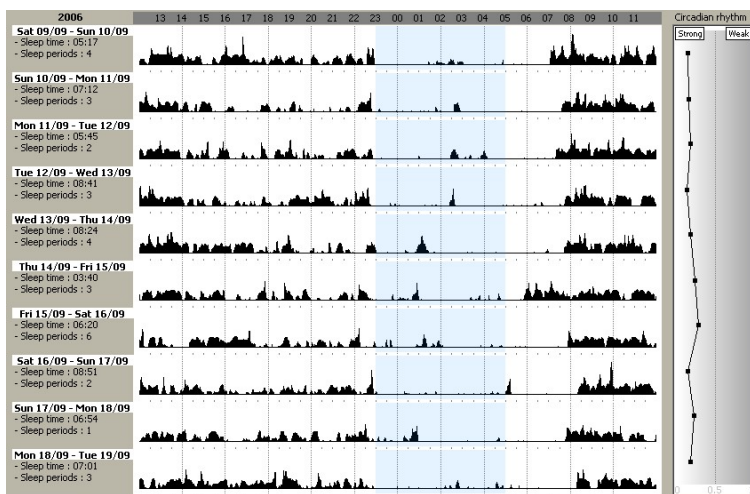


During:

Wellness Score both:

- Weaker
- Less stable

Activity Lower.
Sleep quality worse.



After:

Wellness Score restored.

Activity levels not yet fully
returned to previous levels.

Ref CM 20.9.06

10/01/2007